

## Proving of Passiflora incarnata (Passi.)

Passionflower, May Pop, Flora mystica

### Introduction

Passiflora derives from Latin *passio*, which means suffering and *flos* meaning flower, while the second name *incarnata* is derived from *incarnare* which means to be made flesh. The plant received the name Passionflower due to a mystical vision of the missionary Simone Parlasca in the year 1605. The extraordinary form of the blossom led him to make associations between the flower and the suffering of Jesus Christ during the crucifixion (passion) because he believed he recognized in the flower the insignia of the suffering of Jesus. For him the 10 sepals resembled the ten followers of Jesus Christ (except for Judas and Peter). The white color of the sepals symbolized the innocence of the Savior while the filamentous processes of the corona represented the crown of thorns. The stipes of the ovaries he regarded as the stake of the scourging, and the leafy tendrils symbolized the scourges themselves. The five stamens represented the wounds of Jesus and the knob like stigmas resembled the nails used in the crucifixion. The foliage symbolized the lance that stabbed Jesus's side during crucifixion. Thus Passiflora Incarnata's reference to God made flesh in the shape of Jesus embodies the history of the suffering of Jesus Christ.

### Plant

Passiflora is a climbing indigenous plant found in the Southern States as far north as Maryland. Its stem is smooth, often climbing 20 to 30 feet high. The leaves are deeply three-cleft, the lobes oblong, acute, serrate; petioles furnished with two glands. Flowers are large, showy, nearly white, with a triple crown, purple and flesh-colored. Involucres [a ring of small leaves or bracts at the base of a flower] of three oblong glandular bracts. Calyx of five sepals, cup-shaped, deeply five-parted. Five petals. Stamens five, connate with the stipe of the ovary. Fruit is a large, pulpy, pale yellow berry, oval and edible, called May Pop. [American Homoeopathic Pharmacopoeia.]

This plant originated from Mexico, Brazil, Peru and East-India and the southeastern part of the USA. It is a tropical plant coming originally from South and Middle Amer-

ica. Passiflora has been used in folk medicine since ancient times. During the Aztec empire it was already being used for nervousness and sleeplessness.

The use of this plant came to Europe through the Spanish conquerors. The Spanish physician Hernández (1517-1587) in a book about medical plants of South America which included Passiflora incarnata, wrote of its use in helping with sleeplessness, as an analgesic, for increasing the appetite and urination and for those suffering from melancholia.

The North-American Indians have used Passiflora for thousands of years in folk medicine e.g. for liver problems, inflammations and incised wounds. Settlers who emigrated from Europe to the southern Appalachians also used it as a tranquilizer in nervousness, hysteria and sleeplessness.

Since the 20th century Passiflora has become the official herbal drug for nervousness, restlessness and sleeplessness in Europe, and in 2011 scientists of the university of Würzburg/Germany elected the Passionflower to the medical plant of the year. The plant has anxiolytic effects without relaxing the muscles, so it is a good sedative for use in the daytime.

### **Preparation**

Tincture with dilute alcohol, from the carefully dried or fresh leaves, gathered in May, or as soon the plant blossoms, before forming fruit; dilutions; triturations from the inspissated juice. 25

### **Toxicologic**

Mr. T. A. Melter gave a horse a large quantity of passionflower vine collected three months after the flowering season and the horse thrived and fattened on it. At another time the horse accidentally obtained access to a quantity of the same fodder, which, however, had been collected in the flowering season, and ate eagerly of it. The day after the meal the horse was found in a stupid state and remained so, steadily losing flesh for six weeks, when he died. 85

Extreme and pungent heat of the surface, a tingling and burning (especially in spots, as of Rhus poisoning), but no erythema or elevation is present. Bogart

## Introduction

Hale introduced Passiflora to homeopathy, citing a paper by L. Phares in the New Remedies. Phares learnt its action from W. B. Lindsay, who used it with extraordinary success in tetanus of the newborn.

Dr. Lindsay was the first to call attention to Passiflora: "I have much to say. I am satisfied it is no narcotic. It never stupefies or overpowers the senses. A patient under its full influence may be wakened up, and he will talk to you as rationally as he ever did; leave him a moment and he will soon be off to the Elysian Fields again. I have tried it my friend, in all sorts of **neuralgic affections**, and have usually astonished my more enlightened patients with it. Many times I have had them to ask me what in the world it was that had such a sweet influence over them."

From observing its very delightful effects, he always called the inspissated [thickened, dried or evaporated] juice by the not very classical or scientific appellation of "somnum seraphium." 25

Phares states, "I never saw anything act so promptly in **erysipelas**. I have used it with advantage in **ulcers, neuralgias, and tetanus**. I have seen wonderful effects of it in relieving tetanus, and will mention one case from memory: Some ten years ago I was called to see an old lady in a distant part of the country, who was reported to be "having fits." I found her to be able to be up most of the time, but, while examining her, **tetanus** came on, *affecting mainly the truncal muscles and drawing the head back*. I instantly gave her a dose of Passiflora. The convulsions subsided, and she has never had another one since. I continued the use of the medicine in small doses for a few days (Case 1). I have used it in treating **tetanus in horses** - a disease usually considered as inevitably fatal to that noble animal. It has never failed to cure the horse.

During the late war, my son, J. H. Phares, had occasion to prescribe Passiflora many times for tetanus in horses, with one invariable result—prompt, perfect, and permanent cure. He fortunately saw no case in man. Since the foregoing was written, I have treated several cases of **neuralgia**, and one of **sleeplessness**, *with incessant motion and suicidal mania*, with Passiflora. With the same extract during the current week, J. H. Phares treated, with the most prompt and satisfactory success, a very virulent and hopeless case of **tetanus**, with opisthotonos, trismus, and convulsions, in a two years old child. Other most potent remedies, in heroic doses, having failed to produce any effect in this case. He thinks that nothing but Passiflora could have possibly saved the child.<sup>77</sup>

## Proving

J.N. Lowe wrote in 1891: We feel sure, that within its own true sheer of therapeutical correspondence (whatever that may prove to be) Passiflora must soon become settled into a high position in our Materia Medica. It has been called, empirically, Somniferum seraphium; but this only hints of its peculiar individuality possesses no narcotic properties whatever. We predict for this remedy a unique and exceedingly useful sphere of action. Time spent in its proving will in no sense be wasted. Its literature is yet limited, but rich in its suggestiveness. J.N. Lowe, CMA 1891; 26: 106

Passiflora was so far an almost unproven remedy. The only proving that was possible to find in the literature was done in Austria by five colleagues, all female, published in 2003 by Felizitas Perz and Barbara Ackerl. The symptoms of this proving are indicated with "Perz" and the number of the prover. Accidentally during treating persons with high doses of Passiflora some proving symptoms (Nota bene symptoms) were observed by Buchanan and Covert.

The drug was used a lot allopathically and by this use accidental homeopathic cures happened. In the literature cases with amazing, homeopathic cures could be found, so we get a good beginning picture of this remedy.

For this elaboration seven colleagues proved Passiflora in 30 C and 200 C from November 2011 to August 2012 and I wish to acknowledge all the provers who all did a very good job. (Dr. Klaus Habich)

Prover 1: male, age 60 (proved 30 C Remedia and mother tincture)

Prover 2: female, age 50 (proved 30 C and three times 200 C Remedia)

Prover 3: female, age 43 (proved 30 C and 200 C Remedia)

Prover 4: male, age 53 (proved 30 C Remedia)

Prover 5: female, age 52 (proved 30 C and 200 C Remedia)

Prover 6: female, age 46 (twice proved 30 C Homeoden)

Prover 7: female, age 55 (proved 30 C and 200 C Remedia)

New aspects were added to this remedy by this proving. Further proving would seem to be appropriate. The symptoms of this MMPP-proving will be indicated with "908-HA" and the number of the prover.

**Mind**

**Tranquil, relaxed and easy going** (curative effect). 908-HA-7, 2, 1, Perz-2

**Feeling very calm**, looking at the world with a very calm mind (curative effect). 908-HA-1

*Calm and sleepy.* 908-HA-1

**Calm and relaxed, well ordered thoughts despite a stressful situation** (curative effect). 908-HA-2, 3

*Uniform tranquility, no exuberance* (curative effect). 908-HA-7

Mood mild, stable, calm and relaxed (curative effect). 908-HA-2

More patient and calmer than usual (curative effect). Perz-2

**Calm, tranquil at night in spite of bad sleep, in spite of sleeplessness.** (Prover usually very much in despair at night when sleepless. curative effect). 908-HA-3, Methner 2012

Despair with sleeplessness. 908-HA-3

In the morning more fresh and relaxed, with better mood than usual (curative effect). 908-HA-2

**Tension internally.** (Symptom replaced by curative effect of the proving) 908-HA 7, 2, 1

**Hectic, irritable activity, excited, busy, restless**, unfocused, nervous, scatty, as if she has drunk too much coffee, the whole day. Perz-4

Believes she will not be able to complete work. Too hectic and agitated to organize everyday work; lacks calmness to make a plan with concentration; too hectic to think about eating, wants to work fast; becomes fidgety, if she has to stand for a longer while. Perz-4

**Hysterical Nervousness**, hypochondriasis, complaining, full of cares, ailments from bad news. Habich 2013 +

Restlessness after midnight. Habich 2013 +

Restlessness and irritability from pain. Habich 2013 +

Weeping involuntary, causeless, crying fits. Habich 2013 +

**Irritability** and angry about trifles, nervous. Perz-4

Impatient and irritable. Perz-1

Irritability easily. Habich 2013 +

Irritability, quarrelsome, morose. 908-HA-5

Irritability evening. 908-HA-5

**Concentration more active**, can concentrate longer (curative effect). 908-HA-2, Perz-4

Concentration increased, more wakeful in the evening. Perz-4

Sense of well-being, more energy (curative effect). 908-HA-7

Relaxed, everything comes naturally, motivated to work, no internal resistance to assail a task (curative effect). 908-HA-7

**Very clear and active mind, very sensitive**, *all experiences are very intensive, as if everything is under a magnifier, hypervigilance*. 908-HA-7

More decisive, undismayed, confidence increased, alert and composed (curative effect). 908-HA-7

All the time alert, not like induced by coffee, much more gentle, subtle and graceful (curative effect). 908-HA-7

*Vigilance increased, pleasant vigilance* (curative effect). 908-HA-7

**Wakeful and excited** in the evening until midnight, a lot of thoughts. Perz-4

**Sensitive to external impressions, for external stimuli and impulses**. 908-HA-3, 7

*Sensitive to all external and internal impressions*. 908-HA-7

Became not sensitive to noise, not starting from noise as usual (curative effect). 908-HA-7

Sensitive to noise. (Symptom replaced by curative effect of the proving) 908-HA-7

*Slowness of thinking, slowness of mind.* 908-HA-3

Thought vanishing while talking. 908-HA-3

Memory weak for words, for what I wanted to say. 908-HA-3

Unable to do two things at the same time, e.g. talking and writing. 908-HA-3

Slowness, as if the nerve conduction is mechanical and not electrical, as if the nerve conduction velocity is reduced. 908-HA-3

Difficult to play piano, difficult to transfer the notes to the hands. 908-HA-3

Easily disturbed, does not want to be disturbed. 908-HA-3

When disturbed the slow thoughts are confused. 908-HA-3

Confusion of thoughts, when disturbed. 908-HA-3

Concentration difficult, especially when disturbed. 908-HA-3, 2

Thoughts vanishing, when disturbed. 908-HA-3

When disturbed, do not know, what I wanted to do, what I thought before and I have to recollect myself for some time. 908-HA-3

*Dullness and slowness of mind improving clearly by profuse discharge of nose (7 days after 30 C profuse discharge of nose, before for the whole week dullness/slowness of mind).* 908-HA-3

Unusually awkward, drops things often, a lot to do, I am absent minded. Perz-1

Tension and irritability before a task requiring changes of my own time schedule and plans because of duties towards others, do not want to be involved in new tasks, a **strong feeling of being disturbed from new tasks, after being disturbed difficult to concentrate again on what I had done before.** (Symptom replaced by curative effect of the proving. Chronic lifelong symptom of the prover, was absent for 2 days after the 30C, one year after the proving still about 20% better than before the proving). 908-HA-2

## **Vertigo**

Slight feeling of dizziness, more when looking upwards. 908-HA-1

## Head

**Slight pressing pain in the forehead.** 908-HA-1, Perz-5

Slight pressure in the forehead, feeling very calm and sleepy, want to close the eyes. 908-HA-1

Headache, tension in the whole head, *better by rubbing*. 908-HA-7

From thoracic and cervical spine ascending dull, pressing headache and dullness, with nausea in stomach and throat, starting on waking after siesta, in stormy weather.

Pain starting on the last day of the menses, got worse after the menses (5 days after Passiflora 200 C) 908-HA-2

**Pressing headache.** 908-HA-2, 1

Headache of left vertex morning on waking, disappearing after shower. 908-HA-5

**Headache of vertex** morning on waking. 908-HA-5

Headache after drinking coffee, mostly temples, occiput, pulsating, throbbing, < motion of head. Perz-4

*Violent headache as if top of head would raise off* during menses (better by Glonoinum) (Nota bene symptom). Covert

*Top of head seemed to lift off* (Nota bene symptom). Buchanan

## Eyes

*Eyes looked as if bulging from head, seemed to her to push out of her head and lie on the quilt.* Eyes seemed to protrude for the observer (Nota bene symptom). Buchanan

Itching of both inner canthi of eyes after red wine. Itching of left inner canthi next morning. (Known symptom, during proving more intense, at other times never, next morning). 908-HA-2

Trembling of right lower lid. Perz-1



**Ears**

Pain deep in the left ear morning on waking. 908-HA-5

**Nose**

Extreme obstruction of nose. Perz-5

Epistaxis left side on blowing nose in the morning and later once more on washing face (old symptom). 908-HA-1

Profuse discharge from nose, dullness and slowness of mind improved by this discharge. 908-HA-3

Sore pain retronasal. 908-HA-3

**Smell**

Sensitive to bad odors much more intense than usual. 908-HA-7

Sensitive to odor, sensitive to exhaust gas (Always sensitive to exhaust gas, after Passiflora 30 C much more). 908-HA-7

Sensitive to odor of own stool with nausea (Always sensitive to odor of own stool, after Passiflora 200 C much more). 908-HA-7

**Face**

Cracks in corner of mouth. 908-HA-7

**Mouth**

Dryness of mouth. 908-HA-3

*Extreme dryness of mouth* on waking, dryness remains the whole day, also the next days slowly reducing, *with very strong thirst for large quantities of water*, open

mouth under the shower, drinks 6 litres water per day. (usually drinks 4 litres per day) 908-HA-3

*Dryness of mouth not better after drinking, thirst the same also immediately after drinking, unchanged by drinking.* 908-HA-3

Sensation of swelling of the tongue *left-sided* (twice after taking 30 C and 200 C). 908-HA-5

Small pimple on the tip of tongue right side. 908-HA-5

### **Throat**

Throat pain morning on waking. 908-HA-3

Dryness of throat. 908-HA-5

### **Stomach**

Appetite increased, *eating almost all the time.* 908-HA-3 (two times after 30 C and 200 C)

Hungry at 8a.m., after eating breakfast at 7a.m.. Perz-5

Ravenous hunger in the forenoon at 10:30 a.m. and at 10 p.m. (curative effect, symptom disappeared for 6 days during the proving) Perz-4

Loss of appetite. Perz-4

*Increased thirst for large quantities with dryness of mouth, drinking about 6 liter per day.* 908-HA-3

Thirst for hot drinks increased (Always has desire for hot drinks, after Passiflora 30 C thirst for hot drinks increased). 908-HA-7

Desire for vegetables, especially for sprouts, starting at 4 p.m., after eating the sprouts a very good feeling in the stomach, appetite for sprouts was so strong, I prepared and ate the sprouts at once, not waiting for the usual meal some hours later. 908-HA-2

Desire for bitter, ate dandelion as salad with enjoyment. 908-HA-7

Aversion for fat, smoked ham, which I usually like. 908-HA-7

Aversion to coffee, coffee <. Perz-4

Cutting stomach pain, evening, > sitting straight, > warmth. Perz-2

Sensation of running water down the oesophagus during drinking cold water. Perz-2

### **Abdomen**

Sticking with pressing in abdomen left side in the afternoon, as of too much gas in the abdomen. Perz-4

### **Rectum**

Severe attack of piles developed (Nota bene symptom). Buchanan

Soft stool in the beginning of and during menses. Perz-1,4

Frequent soft stool (about 10 times) in the morning in small quantities. Perz-4

Ineffectual urging for stool during the whole day. Perz-4

### **Urinary organs**

Constricting pain in urethra before urinating evening. 908-HA-4

### **Female**

Touchiness, easily offended on the first day of menses (curative effect). Perz-4

**Irritability and quarrelsomeness before menses** (after 4 month). Perz-3

Pain in the underbelly as before menses; in the morning on waking and during the day; > strong pressure, > bending double. Perz-1

Drawing sensation in the underbelly as before menses; in the morning. Perz-2

Drawing sensation in the underbelly as before menses or like towards the end of pregnancy, persistent, not very painful, > warmth, > pressure and rubbing, < in the evening in bed. Perz-2

Drawing, cramping pain in the underbelly on the onset of menses and the first day of menses. Perz-4

Sensation as if the ovaries and uterus were suspended with a tape, drawing sensation in the suspensory ligaments of the ovaries and uterus as if they were contracted; < rising from sitting (carseat) (old symptom). Perz-2

**Heaviness in the middle of the underbelly** extending into both thighs on the first and second day of the menses, as if a weight was pressing from outside. Perz-3

Drawing pain in the underbelly during menses (cured symptom). Perz-2

No ailments with menses, usually tearing pain and uneasy (cured symptom). Perz-2

Irritability, sensation of general swelling and tension of mammae and pressing pain in lower abdomen before menses are much better after the proving. 908-HA-2

The menses is less painful, less tremulous weakness during menses. 908-HA-2

Mood more stable and balanced during menses, not so weak during menses, more physical power. 908-HA-2

**Bleeding less lumpy after the proving** (curative effect). 908-HA-2, Perz-1,3

Irregular menses and amenorrhea became regular after the proving. 908-HA-2

Ailments during climacteric period. (Prover 2 had irregular menses for nine months before the proving, and amenorrhea for some months. All premenstrual and menstrual symptoms were worse during these nine months, it was the beginning of the menopause period. All menopause symptoms are reduced after Passiflora. (Curative after effect of Passiflora 30 C and 200 C, follow-up after seven months revealed almost no dysmenorrhea, regular menstruation, and no premenstrual symptoms, which had existed before for decades). 908-HA-2

**Bleeding profuse and prolonged**, bleeding 6-7 days (usually 4 days). 908-HA-2

Menses prolonged for 14 days, next menses prolonged as well. Perz-1

Menses profuse. Perz-3

**Bleeding < in the morning.** 908-HA-2, Perz-3

Bleeding especially in the morning before rising. Perz-3

Bleeding is much stronger early morning between 4 a.m. and 6 a.m. 908-HA-2

**Menses too early.** Perz-3, 908-HA-7

Menses three days too early. 908-HA-7

Menses intermittent. Perz-1

Menses watery and blood-tinged like meat washings. Perz-1

Menses thin, bright red, **not so lumpy as usual.** Perz-1,3

Leucorrhoea glassy till whitish, uncoloured, thin, sour. Perz-1

Leucorrhoea yellow, ropy, transparent, odorless, < in the morning. Perz-3

### **Respiratory organs**

Respiration difficult on riding bicycle, easily strained. 908-HA-3

Pain third rib, parasternal left side, evening while walking. (Old symptom) 908-HA-4

Sore feeling, sore pain behind the sternum. 908-HA-7

### **Cough**

Cough from tickling in throat evening, tickling better from repeated swallowing of saliva. 908-HA-4

Cough hacking, suffocative, respiration difficult with cough, retching with cough. Habich 2013 +

### **Heart**

Palpitation with excited feeling. **Palpitation from excitement.** Perz-4

Agitated feeling, palpitation as if she drunk too much coffee. Perz-4

Pulse more frequent during exertion (jogging) than usual. 908-HA-3

Palpitation irregular with anxiety in the evening, for a short time, worse sitting quiet, *better from inhaling fresh air.* (twice after 30 C and 200 C) 908-HA-7

Pulse full, tense. 908-HA-7

## Back

Extreme stiffness of the neck morning after rising, unable to move the head, > warmth and especially > from motion; waking from this pain at 4:20 a.m., pain lasting for two hours, > from continued motion. Perz-5

Stitching, burning lumbar backpain < while standing, **restless with this pain** while standing. Perz-4

Cramping, contracting pain of right trapezius, as if I had hunched my shoulders and remained in that position for hours, extending to the right protuberantia occipitalis, **better from warm application** and from rest, worse from motion of painful parts and from physical exertion. The pain started to *increase between 4 p.m./5 p.m. until about 8 p.m., than hurting steadily until midnight*, after lying in bed the pain was less, next morning the pain was much less. This repeated itself for some days during the proving. (This pain had already existed some weeks before the proving, but increased after 30 C for some days with the new modality worse from 5 p.m. till midnight. This pain was much ameliorated later as an after effect of the proving. (Follow-up period 14 months) 908-HA-2

Back pain in the dorsal region less than usual (curative effect). 908-HA-2

Chronic drawing and boring pain of the lower part of sacrum since taking a tumble from a bicycle 30 years ago, pains are worse during and after sitting, better lying, better during walking and motion **and better with warm application.** (After Passiflora 200 C this pain has been 40-50% better for three months, and after seven months is still about 25% better. 13 months after the proving of 200 C this pain is 50% better) 908-HA-2

Pain left upper ileosacral region evening while sitting. 908-HA-4

## Extremities

Unusually awkward, drops things often, a lot to do, I am absent minded. Perz-1

*Her heels seemed to be up in the air* (Nota-bene symptom). Buchanan

Heat of feet. 908-HA-1

Pressing and drawing pain of the metatarsophalangeal joint of the second toe right side and stiffness of the muscles of this region, painful part is the size of a thumb-nail, pain more at the sole than at the back of the foot. This pain started at 7 a.m., *increased from 4 p.m. to 7 p.m.*, worse motion and stepping, better pressure, *better by rubbing and massage*. 908-HA-2

Cramp right thigh, thigh is painful after the cramp for one day. 908-HA-3

Cramp right sole. 908-HA-3

**Cramp in right sole**, evening while sitting. 908-HA-4

Stitching, sore pain in right bend of elbow, like after taking a blood. 908-HA-4

Pain right elbow on bracing. 908-HA-5

Pain left elbow morning on waking. 908-HA-5

## Sleep

**Intense sleepiness**. 908-HA-2, 3, 1, 5

Very drowsy and very calm, falling of lids, difficult to work mentally. 908-HA-1

**Overwhelming sleepiness**, tired, **sleepiness the whole day**, desire to go to sleep. 908-HA-3, 1, 5, Perz-3

Overwhelming sleepiness the whole forenoon, has to lie down, dozing the whole forenoon until noon. Perz-3

**Sleepiness worse at 5 p.m.** (two days consecutively) 908-HA-3

Strong sleepiness and tiredness starting late afternoon around 5 p.m. lasting the whole evening, overpowering sleepiness, if I were to lie down I would fall sleep at once. 908-HA-5 (one day after 200 C)

The same evening sleeplessness evening in bed, restless, tossing. 908-HA-5 (one day after 200 C)

**Sleep deep, relaxed; calm, good sleep, very refreshed after sleep** (curative effect). 908-HA-2, 3, 5

Unusual good and very refreshing sleep. 908-HA-5 (the first night after 200 C)

More refreshed sleep, calm and active in the morning, better mood than usual (curative effect). 908-HA-2

**Unrefreshing, bad sleep.** 908-HA-2, 3, 5, Habich 2013

**Sleeplessness**, restlessness evening in bed. 908-HA-5

At night sleeplessness after waking. 908-HA-5

**Waking earlier than usual**, at 4:20 a.m., **refreshed**. Perz-5

Waking at 4 a.m., rest of night only light sleep. (after 30 C) 908-HA-3

Waking too early, waking at 5.40 a.m. (after 200 C) 908-HA-3

**Waking frequent after midnight.** (after 200 C) 908-HA-3

Waking after midnight after two hours sleep, after that only light sleep, semi-conscious sleep. (after 200 C) 908-HA-3

During the semi-conscious sleep repeated dreams of suffering from heart condition, many thoughts what is the best position to lie to relieve my heart. 908-HA-3

**Bad, restless sleep**, because of unpleasant dreams. Perz-2

**Calm, tranquil at night in spite of bad sleep, in spite of sleeplessness.** (Prover usually much in despair, when sleepless at night). 908-HA-3

Despair with sleeplessness. 908-HA-3

In spite of bad sleep **refreshed** in the morning and mentally fresh during the day, not exhausted in the evening. After a long day of work very wakeful in the evening in bed in spite of the bad sleep the night before. (prover is usually sensitive to loss of sleep, curative effect). 908-HA-3

**Loss of sleep aggravates aggravate** (curative effect, symptom disappeared during the proving) 908-HA-3



## Dreams

Nightmares, horrible, anxious dreams. **908-HA-6, 1, Perz-1**

**Dreams of murder and manslaughter.** 908-HA-6, 1

Waking from nightmares. 908-HA-6

Of a man shooting and killing many people, the weapon was also turned on me, but I was not that anxious. Later this man forced me to look when he was executing a group of about three people, I did not want to see it so I turned away but later when I looked once more at the scene I saw blood coming out of the heads of the dead bodies. I was shocked and woke up. (after taking 20 drops Passiflora mother tincture at 4 a.m., sleeping at once and waking at 6 a.m. from this unusual dream). 908-HA-1

Somebody has a lot of knives and throws one of those towards the wheel of my car, the emotion is ambivalent, on the one side it feels dangerous on the other side amusing like in a movie. Perz-1

Dream of a child being buried alive, they hear it screaming under the earth, they could barely save it. Perz-2

**Unpleasant dreams** (quarrels, being left alone, falling, failure, striking the daughter with feelings of guilt, unremembered dreams. Perz-2, 4

Falling from the ceiling of the room. Perz-2

Is being laughed at, because she is singing out of tone, embarrassing. Perz-2

***Dreams of stressful situations, but being very relaxed.*** 908-HA-3, Perz-5

Have to give a lecture, but forgot all the records and decide to do the lecture without all records. 908-HA-3

Loosing my debit card, but not worried about it. Perz-5

**Pleasant dreams**, not exactly remembered. (repeated in three provings) 908-HA-2

Pleasant dream: Orphan child is adopted by an alcoholic, who get his life under control through this responsibility. Perz-4

Dreams of sea turtles, inducing an ebb and flow by their swimming. 908-HA-2

Pleasant dream of my family. (prover is not remembering dreams normally) 908-HA-5

Dream of a search riding on a horse in a wood in the compound of an estate, feeling noble. 908-HA-6

**Vivid dreams.** Perz-2,4,5, 908-HA-6

During the semi-conscious sleep repeated dreams of suffering from heart condition, many thoughts what is the best position to lie to relieve my heart. 908-HA-3

Strange dreams in the morning. Perz-4

Dream, she is looking old and her hair became suddenly gray. Perz-5

**Dreams unremembered.** 908-HA-6, 5, Perz 2,4

## **Skin**

Itching first at right ankle outside, then both ankles, skin at that place dry and thickened; desire to scratch, coming and going < in the afternoon and evening. Perz-1

Itching red spot on the back of the right index and ring finger over the metacarpophalangeal joints, itching increases. Perz-3

Itching at night around 11 p.m. on the chin, cheeks, head, hollow of knees, back (for about 10 minutes). Perz-5

Crack at the tip of right middle finger; painful, bleeding. Perz-3

Dry and cracked lips. Perz-1

## **Generalities**

Tremulous weakness, trembling externally and internally and vibrating sensation triggered by *physical exertion*. 908-HA-2

Tired and tensed muscles on waking. 908-HA-2

**Chilliness** on waking. 908-HA-2

Chilliness in the evening in a warm room, desire for covering and lying down. Perz-4

Chilliness, especially in the feet and buttocks. Perz-1

**Internal heat** during the daytime, warm hands, puts on much less clothing than usual. Perz-3

### **Modalities**

*Worse at 4 p.m., from 5 p.m. till midnight, from 4 p.m. till 7 p.m.* 908-HA

**Worse at 5 p.m.** 908-HA

*Worse being disturbed, sensitive external impressions.* 908-HA

**Worse morning on waking.** (Headache, Itching of eyes, Pain of ear, Dryness of mouth, Throat-pain, pain elbow, Chilliness, tired, tensed muscles) 908-HA

**Worse from loss of sleep.** 908-HA

From rest. 908-HA

**From warm application.** 908-HA, Perz

**From rubbing.** 908-HA, Perz